

Master of Arts

# Clinical Mental Health Counseling



## Pursue your career in Clinical Mental Health Counseling.

Help clients overcome obstacles and transform their lives. With an M.A. in Clinical Mental Health Counseling, you'll gain the knowledge and skills necessary to advance as a mental health professional.

Mental health counselors are committed to helping people address a range of mental health-related issues, from depression and anxiety to substance use disorders. With this degree, you will develop the critical thinking skills, compassion, and knowledge necessary to help clients improve their mental health.

### Licensure

Completion of all program requirements fulfills eligibility requirements for state licensure as a licensed clinical mental health counselor (LCMHC). After receiving your master's degree, licensing requires successful completion of the National Clinical Mental Health Counseling Exam (NCMHCE) and 3,000 hours of post-master's clinical work in a counseling environment. Clinical work must occur over two-to-four years, be supervised by a LCMHC, and be pre-approved by the NHBMHP.

### Choose Rivier

Rivier's M.A. programs provide real-world assignments and hands-on experience in the field to help you put theory into practice and develop your skills. Online classes add flexibility to accommodate busy schedules and courses are offered in both seven- and 14-week terms. This curriculum aligns with New Hampshire Board of Mental Health Practice standards in order to fulfill eligibility requirements for state licensure. Once you complete the program, you will be a credentialed mental health counselor, LMHC, by the New Hampshire Board of Mental Health Practice, which will further demonstrate your expertise and leadership in the field.



### Course Format

Online



### 63 Credits

to complete program



### 3 Years

estimated program length





## Course of Study

### COUNSELING CORE COURSES

CNSL 610	Basic Human Interaction
CNSL 614	Clinical Counseling Theories
CNSL 615	Clinical Counseling Techniques
CNSL 616	Group Counseling
CNSL 672	Introduction to Counseling

### COUNSELING CONTENT COURSES

CNSL 611	Psychotherapy for Children
CNSL 618	Ethics of Clinical Counseling
CNSL 624	Psychopathology
CNSL 625	Testing and Assessment
CNSL 629	Addictive Behaviors
CNSL 681	Career and Lifestyle Development
CNSL 720	Social and Cultural Foundations
CNSL 721	Advanced Multicultural Perspectives

### FOUNDATIONAL COURSES

EDUC 501	Fundamentals of Research
CNSL 505	Advanced Psychology of Human Development
CNSL 626	Positive Psychology

### RECOMMENDED ELECTIVES

CNSL 620	Spiritual Dimensions of Counseling
CNSL 623	Marriage and Family Therapy

### INTERNSHIP/SEMINARS

CNSL 650	Internship/Seminar in Clinical Mental Health Counseling I
CNSL 651	Internship/Seminar in Clinical Mental Health Counseling II

### OTHER PROGRAM REQUIREMENTS

- 50 hours of pre-practicum in Clinical Mental Health Counseling
- Candidacy review which includes disposition review
- E-Portfolio review for candidacy, internship, and graduation
- Successful completion of comprehensive examination
- Two low-impact weekend residencies

*The University reserves the right to make changes when appropriate and necessary as needed without notification. (0824)*

## M.A. Program Start Dates

Six term starts per year allow you to begin your program in September, October, January, March, May, or July. Completed applications are reviewed as they are received throughout the year.

## Academic Accreditation

Rivier University is accredited by the New England Commission of Higher Education (NECHE).



## Apply Today

1. Submit your application online at [rivier.edu/apply](https://rivier.edu/apply). There is no application fee.
2. Review and complete the application process at [rivier.edu/gradadmissions](https://rivier.edu/gradadmissions).

## Quick Links



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